

Richard Mar

SCHOOL OF HAIR AND ESTHETICS



Professional (Hairstyling) Cosmetology Program Outline

1500 Hours

Prepared for the Richard Mar School of Hair and Esthetics
Revised 2008

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Professional (Hairstyling) Cosmetology Program

Professional Development

- *Requirements of a healthy mind and body*
- *Elements of Effective Communication*
- *Dynamics of Positive Human Relationships*

Salon/Spa Ecology

- *Classification of Bacteria*
- *Infection and Three types of Infection Control*
- *First Aid Procedures*

Anatomy and Physiology

- *Building Blocks of the Human Body*
- *Basic Body Systems*

Electricity

- *Principals of electricity*
- *Electrical Currents*
- *Safety Measures*
- *Electrotherapy*
- *Light therapy*

Chemistry

- *Matter*
- *The PH Scale*
- *Chemistry of Cosmetics*

Hairstyling Salon /Day Spa Business

- *The Beauty Industry*
- *Job Search*
- *Professional Relationships*
- *Salon / Spa Ownership, Business Training, Basic Accounting for small business*
- *Retailing & Stock Control*

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Professional Hair Services

- *Trichology: hair theory, hair care, draping, shampooing, scalp massage*
- *Design Decisions, consultations and design compositions*
- *Haircutting: Theory & practical application, precision wet & texture dry cutting, barber cutting, custom cut designs, basic & advanced technique cutting, fashion forward design cutting & styling, competition cutting & styling, platform & team performance development skills, Fashion Trend Cutting Applications*
- *Hairstyling: Theory, fundamentals and consultations, infection control & safety, Thermal Styling, procedures, blow drying and air forming technique, flat-iron technique & safety, wet styling for long & short hair, current trend design & competition styling, fantasy and trend styling, long hair styling & up-do's, wigs and extension application procedures*
- *Hair Coloring: Color Theory, Identifying basic color levels, Changing color techniques & decolorization, consultations, infection control & safety*
- *Introduction to all Major Color Lines, product knowledge, temporary, semi-permanent, permanent color pigment mixing and application methods, fashion trend high definition coloring with power pigments, highlighting, slicing, weaving, fashion foiling techniques, power lightening, multi-level coloring, color meshing, color fusing, tipping, Bali age technique, double-process coloring, bleaching processes, toning, & corrective colouring & solutions in color design*
- *Chemical Services: Permanent waving & permanent texture service, chemical relaxing, curl reforming, design wrapping for chemical styling, client consultations for chemical texturizing & permanent waving procedures.*

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Study of the Skin

- *Basic Facial and skin care*
- *Make-up Applications for day / special occasion / glamour / photography*
- *Eyebrow / Lash Tinting*
- *Individual Lash Application / Fake Lashes*
- *Color Analysis / color draping for photography*
- *Model Photo Shoots for Portfolio Building*

Practical Set-up Procedures for Salon & Day-Spa

- *Salon/Spa service set-up and procedure applications*
- *Sanitation Practical Procedures*
- *Sterilization Practical Procedures*

Day /Spa Services

- *Basic Procedures for day spa/salon*
- *Client preparation ,services for day spa,*
- *Basic Waxing and Hair removal*
- *Basic Facials, massage, & exfoliation*
- *Product knowledge for Day Spa procedures*
- *Therapeutic aromatherapy and custom mixing procedures*
- *Paraffin wax treatments for pedicure & manicure, basic massage principals , pressure point massage*

Study of Nails

- *Theory behind Nails*
- *Nail Disorders / Diseases*
- *Basic Manicure*
- *Basic Pedicure*
- *Nail Tips / Overlays*
- *Nail Art / Design*
- *Sculptured gels and Acrylics (Artificial Nails)*