

Richard Mar

SCHOOL OF HAIR AND ESTHETICS



Nail Technology Program Outline (2 months)

Prepared for the Richard Mar School of Hair and Esthetics
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Professional Nail Technology Program

Professional Development

- *History & Opportunities*
- *Elements of Effective Communication*
- *Dynamics of Positive Human Relationships*

Salon/Spa Ecology

- *Classification of Bacteria*
- *Infection and Three types of Infection Control*
- *First Aid Procedures*

Anatomy and Physiology

- *Building Blocks of the Human Body*
- *Basic Body Systems*

Nail & Skin Structure & Growth

- *Nail disease & disorders*
- *Basic nail chemistry*
- *Nail Product Chemistry*
- *Basics of Electricity*

Manicures & Pedicures

- *Procedures for salon & spa*
- *Nail shaping and filing*
- *Sanitation procedures*

Nail Salon / Spa Business

- *The Beauty Industry*
- *Job Search*
- *Professional Relationships*
- *Salon / Spa Ownership*
- *Retailing*

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Professional Nail Technology Program Outline

Practical Set-up Procedures for Nail Salons & Spas

- *Spa service set-up and procedure applications*
- *Sanitation Practical Procedures*
- *Sterilization Practical Procedures*

Study of Nails

- *Theory behind Nails*
- *Nail Disorders / Diseases*
- *Nail Tips / Overlays*
- *Nail Art / Design*
- *Sculptured gels and Acrylics (Artificial Nails)*
- *UV Gels*

Electric Filing & Drill Procedures

- *Basic drill procedures*
- *Basic electric filing*
- *Drill maintenance*

Nail Salon & Spa Specialty Treatments

- *Special nail wraps and nail mending*
- *Gel Application for Pedicures*
- *Specialty Nail Art Introduction*
- *Exfoliation procedures*
- *Product Specialty & Sales*
- *Business set-up for nail salons & Spas*